

Trainingszeiten - JSG Hiddenhausen - gültig ab Jul 2024

| Sportplätze | Beginn | MO | DI | MI | DO | FR | | | | | |
|---------------|--------|---------|------|------------|------|------------------|----|------------|------|------------|------|
| Eilshausen | 16:00 | | | | | | | | | | |
| | 16:30 | | | | | | | | | | |
| | 17:00 | | E2 | | | Minis & Bambinis | | | | | |
| | 17:30 | | | F1 | F2 | | | | | | |
| | 18:00 | frei | | D-Mädchen | frei | D-Mädchen | E2 | | | | |
| | 18:30 | | | | | | F2 | | | | |
| | 19:00 | B | | SPVG I + 2 | | SPVG I + 2 | | frei | frei | | |
| | 19:30 | B | | SPVG I + 2 | | SPVG I + 2 | | frei | frei | | |
| | 20:00 | B | | SPVG I + 2 | | SPVG I + 2 | | frei | frei | | |
| | 20:30 | B | | SPVG I + 2 | | SPVG I + 2 | | frei | frei | | |
| | 21:00 | B | | SPVG I + 2 | | SPVG I + 2 | | frei | frei | | |
| Oetinghausen | 17:00 | | | | | | | | | | |
| | 17:15 | | | | | | | | | | |
| | 17:30 | D1 | | | | | | | | | |
| | 18:00 | D1 | D2 | E1 | E2 | D1 | D2 | E1 | E1 | F1 | |
| | 18:45 | | | | | | | | | | |
| | 19:00 | A | | SV06 I-II | | A | | SV06 I-II | | SV06 AH | |
| | 19:30 | A | | SV06 I-II | | A | | SV06 I-II | | SV06 AH | |
| | 20:00 | A | | SV06 I-II | | A | | SV06 I-II | | SV06 AH | |
| | 20:30 | A | | SV06 I-II | | A | | SV06 I-II | | SV06 AH | |
| | 21:00 | A | | SV06 I-II | | A | | SV06 I-II | | SV06 AH | |
| Schweicheln | 17:00 | | | | | | | | | | |
| | 17:30 | | | | | | | | | | |
| | 18:00 | C1 + C2 | | frei | frei | C1 + C2 | | frei | frei | C1 | frei |
| | 18:30 | C1 + C2 | | frei | frei | C1 + C2 | | frei | frei | C1 | frei |
| | 19:00 | B | | SGS Herren | | SGS Herren | | SGS Herren | | SGS Herren | |
| | 19:30 | B | | SGS Herren | | SGS Herren | | SGS Herren | | SGS Herren | |
| | 20:00 | B | | SGS Herren | | SGS Herren | | SGS Herren | | SGS Herren | |
| | 21:00 | B | | SGS Herren | | SGS Herren | | SGS Herren | | SGS Herren | |
| Lippinghausen | 17:30 | | | | | | | | | | |
| | 18:00 | frei | frei | frei | frei | frei | | | | | |
| | 18:30 | frei | frei | frei | frei | frei | | | | | |
| | 19:00 | | | | | | | | | | |
| | 19:30 | frei | frei | frei | frei | frei | | | | | |
| | 20:00 | frei | frei | frei | frei | frei | | | | | |
| | 21:00 | frei | frei | frei | frei | frei | | | | | |